

CATATONIA

PLEASE NOTE: Catatonia can be life-threatening and dangerous. If you're in doubt seek medical assistance immediately. This information cannot be used to diagnose anyone.

Here's a quick way to remember the symptoms of catatonia:

NSEW CAMP GEMS

Pretend you're hunting for hidden treasure as part of a game at a camp. You use the compass (NSEW - North South East West) to find the gems.

Negativism - Having no response to or opposing external stimuli.

Stupor - Not actively relating to the environment.

Echolalia - Copying someone else's speech.

Waxy Flexibility - Holding positions that someone has put them into.

Catalepsy - Having rigid and inflexible posture, often against gravity.

Agitation - Movement that's not in reaction to the environment.

Mannerism - Strange and often exaggerated imitations of normal actions.

Posturing - Spontaneously holding a posture, often against gravity.

Grimacing - Making facial expression of disgust and repulsion.

Echopraxia - Copying someone else's movement.

Mutism - Having little or no verbal response.

Stereotypy - Frequent and repetitive movements with no purpose.

